

# PROVIDING EDUCATIVE THERAPEUTIC ASSISTANCE (PEDOTHERAPY]

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## ABSTRACT

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In the following two chapters attention is given to **pedotherapy** and **parental guidance** as orthopedagogic interventions with respect to behaviorally restrained children. Chapter 9 presents a synoptic theoretical foundation where the emphasis is on the essential nature of helping a child and in which **pedotherapy** also is shown to differ from ordinary **psychotherapy** applied to children; in addition, the highly structured nature of pedotherapy is elucidated. Clear guidelines for pedotherapeutic practice are indicated, especially for preparing helping strategies, in general, and for individual sessions, in particular. In Chapter 10 some popular helping techniques are viewed from an **orthopedagogic perspective**. By interpreting these techniques from this perspective one avoids falling into a mere eclecticism that would likely result if each technique were considered only on its own merits without regard to orthopedagogic (and hence pedagogic) criteria.

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